

## SETTING UP YOUR MEETING

Meeting virtually with your Congressional offices is one of the most effective ways to advocate for global vaccine access. You will be able to meet with your representative at any time during Advocate2Vaccinate, but please submit your virtual meeting requests **as soon as possible** since schedules can stack up. Keep in mind that the majority of these meetings will be with staffers in the Congressional office rather than the members of Congress themselves. They *want* to hear from you so they can pass along information and recommendations to their bosses.

If your representatives are available, aim to schedule your meeting in the time leading up to or including World Immunization Week (April 24 - 30). However, it is more important *that* the meetings are held than *when* they are held, so please be flexible to when your offices are available.

We want to help you get your meetings set up, but we also want to coordinate so multiple people aren't making requests to the same Congressional office. Please let us know once you've put in a meeting request at [champions@shotatlife.org](mailto:champions@shotatlife.org).

**If you do not feel comfortable scheduling your own meeting, are having trouble hearing back from your office, or would like to attend a meeting with other advocates, please reach out to the Shot@Life grassroots advocacy team ASAP so we can provide you with a list of champions from your state/district!** If YOU would like to be the advocacy lead in your Congressional district to get these meetings set, please apply to be an advocacy lead [here](#).

Most Congressional offices have a section on their websites to request a meeting, and we can also provide you with the direct contacts in your office. **If you don't hear back about your request after a week, feel free to follow up with the office again.** If you still don't hear anything back, please reach out to us at [champions@shotatlife.org](mailto:champions@shotatlife.org).