How to Call Your Member of Congress

1. Call the Capitol Hill main line: 202-224-3121

2. Ask to be connected to your Senator’s or Representative’s office.

3. The front office will answer the phone. Tell the staff member who answers the phone that you have an opinion on global health and foreign aid that you would like to share with the member of Congress and ask if you can leave that opinion with the staffer.

4. Deliver your talking points.
   a. Vaccines against diseases like polio and measles are one of the most cost-effective ways to save the lives of children in developing countries. However, despite significant progress, one in five children still lack access to life-saving immunizations.
   b. The US government has a long history in being a leader in global health and global vaccines. From working with partners like UNICEF and the World Health Organization to procure and deliver vaccines, to the direct efforts of USAID and CDC to provide vaccines to children in developing countries, decades of bipartisan support from Congress has paved the way for major progress and lives saved.
   c. State the Ask: “With these points in mind, I ask that you please: sustain US leadership in saving the lives of children in developing countries by supporting and investing in global vaccines.”
      - $233 million for Polio eradication, including:
        o $174 million for CDC through the Labor-HHS Appropriations Subcommittee
        o $59 million for USAID through the State and Foreign Operations (SFOPS) Appropriations Subcommittee
      - $60 million for CDC measles elimination through Labor-HHS Appropriations Subcommittee
      - $290 million for Gavi, the Vaccine Alliance, through SFOPS
      - $132.5 million for UNICEF, through SFOPS

5. Ask if he or she requires any follow-up information. Most Congressional offices track phone calls by area code. Some may ask for your name, some may not.

6. You may also ask if the member has a current stance on global vaccines, global health or foreign aid. And request a reply with a response indicating the member’s position on the matter.

7. Thank the staffer for his or her time.